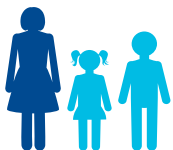


ADMISSION GUIDANCE



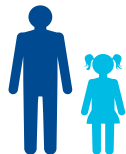
Parent supervision ratio for children under eight should be:

1:2



This ratio could be increased (eg. by use of approved swimming aids)...

1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

1:1

AQUA FUN: Flume + mats + inflatable

AQUA FUN FLUME: Flume + mats

FAMILY SWIM: General swimming + flume aimed at families

FITNESS SWIM: A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

Please note: For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**
w: **goactive.org.uk**

e: **enquiries@goactive.org.uk**
memberships@goactive.org.uk

Opening times:

Mon – Fri: **6am – 9pm**
Sat and Sun: **8am – 6pm**

 GoActiveTheArc

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We Speak Your Language

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Slovak

Rozprávame Vaším jazykom

Chinese

我们会说你的语言

If you require this in large print or another format please call us on
01246 242424

Designed and printed by Bolsover District Council

Go! Swim

Summer Holiday Pool Timetables

Monday 22 July - Sunday 1 September 2019



Go! Active
@The Arc

High Street, Clowne S43 4JY
www.goactive.org.uk

Bolsover
District Council



! Our opening hours on **Monday 26 August** will be reduced to **8am until 4pm**. The timetable will also change and consist of swimming lessons in one half of the pool and public swim in the other.

Number of lanes allocated for each session:

- 1
- 2
- 3
- 4
- 5
- 6

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
MON		Public Swim ③ Lane Swim ③		Staff Training ⑥	Aqua Fun Flume ⑥	Adult LtS* ③ Private Hire ③	P.S. ③ L.S. ③	Aqua Fun ⑥	Aqua Fun ⑥		Public Swim ③ Lane Swim ③	Learn to Swim ③	Public Swim ② Chesterfield SC ① Learn to Swim ③	Public Swim ③ Lane Swim ③ †		
TUE		Public Swim ③ Lane Swim ③			Aqua Fit ⑥	Aqua Fun Flume ⑥	Aqua Jog ⑥	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥		Public Swim ③ Lane Swim ③	Learn to Swim ③	Aqua Fun Flume ⑥	Aqua Fit ⑥	Public Swim ③ Lane Swim ③	
WED		Adult Swim ③ Adult Lane Swim ③				Aqua Fun Flume ⑥	P.S. ③ L.S. ③	Aqua Fun ⑥	Aqua Fun ⑥		Public Swim ③ Lane Swim ③	Learn to Swim ③		Aqua Jog ⑥	Public Swim ③ Fitness Swim ③	
THU		Public Swim ③ Lane Swim ③	Aqua Fit ⑥		P.S. ③ L.S. ③	Aqua Fun Flume ⑥	P.S. ③ L.S. ③	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥	Aqua Fit ⑥	Learn to Swim ③ Public Swim ③		LtS ② Public Swim ② Chesterfield Swimming Club ②	Lane Swim ②		
FRI		Public Swim ③ Lane Swim ③				Aqua Fun Flume ⑥	P.S. ③ L.S. ③	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥		Public Swim ③ Lane Swim ③	Learn to Swim ③	Aqua Fun Flume ⑥	Aqua Jog ⑥	Aqua Fit ⑥	
SAT			Learn to Swim ③ Lane Swim ③		Public Swim ③			Aqua Fun ⑥	Aqua Fun ⑥	Party Hire ⑥	Party Hire ⑥	Party Hire ⑥				
SUN		Public Swim ③ Lane Swim ③		Family Swim and Flume Session ⑥							Learn to Swim ③	Public Swim ⑥ Lane Swim ③	Private Hire ⑥			

Small Pool Timetable

MON	POOL CLOSED		Staff Training	Aqua FF	Adult & Child LtS*	Aqua Fun	Aqua Fun	Adult & Child Learn to Swim	Learn to Swim	Public Swim	
TUE	POOL CLOSED	Adult & Child Learn to Swim	POOL CLOSED	Aqua FF	POOL CLOSED	Aqua FF	Aqua FF	Adult & Child Learn to Swim	Learn to Swim	Aqua Fun Flume Session	POOL CLOSED
WED	POOL CLOSED	Public Swim		Aqua FF	Public Swim	A&C LtS*	Aqua Fun	Adult & Child Learn to Swim	Learn to Swim	POOL CLOSED	
THU	POOL CLOSED		Public Swim	Aqua FF	Public Swim	A&C LtS*	Aqua FF	POOL CLOSED	Learn to Swim	Public Swim	
FRI	POOL CLOSED	Public Swim		Adult & Child LtS*		Aqua FF	Public Swim	Learn to Swim	Aqua Fun Flume Session	POOL CLOSED	
SAT	POOL CLOSED	Learn to Swim		Aqua Fun	Aqua Fun					POOL CLOSED	
SUN	POOL CLOSED	Family Swim and Flume Session					Learn to Swim				POOL CLOSED

July 2019

We reserve the right to change the pool timetable without prior notice.

*P.S.=Public Swim, A&C=Adult and Child, LtS=Learn to Swim

† = Staff training will take place from 7-8pm on Monday 19 August