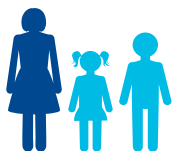


ADMISSION GUIDANCE



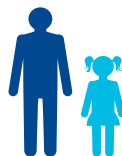
Parent supervision ratio for children under eight should be:

1:2



This ratio could be increased (eg. by use of approved swimming aids)...

1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

1:1

FAMILY SWIM: General swimming + flume aimed at families

FITNESS SWIM: A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

Please note: For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.

We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**

w: **goactive.org.uk**

Opening times:

Mon – Fri: **6am – 9pm**

Sat and Sun: **8am – 6pm**

e: **enquiries@goactive.org.uk**
memberships@goactive.org.uk

 Find us on Facebook

 **@goactivethearc**

Access for All statement

You can request this document or information in another format such as large print or language or contact us by:

- **Phone** – 01246 242424
- **Email** – enquiries@bolsover.gov.uk
- **BSL Video Call** – a three way video call with us and a BSL interpreter. It is free to call Bolsover District Council with [Sign Solutions](#), you just need wifi or mobile data to make the video call, or call into

one of our Contact Centres.

- **Call with [Relay UK](#)** via textphone or app on 0800 500 888 – a free phone service provided by BT for anyone who has difficulty hearing or speaking. It's a way to have a real time conversation with us by text.
- **Visiting one of our [offices](#)** at Clowne, Bolsover, Shirebrook and South Normanton.



Summer School Holiday Pool Timetables

Friday 24 July – Thursday 3 September 2026



High Street, Clowne S43 4JY
www.goactive.org.uk





Summer School Holiday Pool Timetables

Number of lanes allocated for each session:

123456

	6	7	8	9	10	11	12	13
MON	Public Swim ③			Staff Training ⑥		Mats ⑥	PS ③*	F
	Lane Swim ③						LS ③*	
TUE	Public Swim ③				Aqua Fit ⑥	Flume & mats ⑥	Aqua Jog ⑥	F
	Lane Swim ③							
WED	Adult Swim ③					Flume & mats ⑥	PS ③*	F
	Adult Lane Swim ③						LS ③*	
THU	Public Swim ③			Aqua Fit ⑥	PS ③*	Flume & mats ⑥	PS ③*	F
	Lane Swim ③				LS ③*		LS ③*	
FRI	Public Swim ③					Mats ⑥	PS ③*	F
	Lane Swim ③						LS ③*	
SAT				Learn to Swim ③				Flume inflatables
				Lane Swim ③	Public Swim ③			
SUN				Public Swim ③	Family Swim and Flume Session ⑥			
				Lane Swim ③				

Small Pool Timetable

MON	POOL CLOSED			Staff Training		Adult & Child Learn to Swim	
TUE	POOL CLOSED			A&C LtS*	POOL CLOSED	Flume ⑥	POOL CLOSED
WED	POOL CLOSED			Toddler & Toys Swim		Flume ⑥	Public Swim
THU	POOL CLOSED				Public Swim	Flume ⑥	Public Swim
FRI	POOL CLOSED			Public Swim		Adult & Child Learn to Swim	
SAT	POOL CLOSED		Learn to Swim				F&I*
SUN	POOL CLOSED		Family Swim and Flume Session				
	6	7	8	9	10	11	12

For the latest timetables and information
please visit: www.goactive.org.uk

	14	15	16	17	18	19	20	21
Flume & mats 6	Flume & mats 6		Public Swim 3					
			Lane Swim 3	Learn to Swim 3			Lane Swim 3	
Flume & mats 6	Flume & mats 6		Public Swim 3			Flume & mats 6	Aqua Fit 6	Public Swim 3
			Lane Swim 3	Learn to Swim 3				Lane Swim 3
Mats 6	Flume & mats 6		Public Swim 3			PS 2*	Aqua Jog 6	Public Swim 3
			Lane Swim 3	Learn to Swim 3			LtS 4*	Fitness Swim 3
Mats 6	Flume & mats 6	Aqua Fit 6		Learn to Swim 3			Lane Swim 3	
			Public Swim 3					
Mats 6	Flume & mats 6		Lane Swim 3	Learn to Swim 3		Flume & mats 6	Aqua Jog 6	Aqua Fit 6
			Public Swim 3					
& le 6	Flume & inflatable 6	Party Hire 6	Party Hire 6	Party Hire 6				
			Public Swim 3		Private Hire 6			
Learn to Swim 3			Lane Swim 3					
Flume 6	Flume 6	Adult & Child Learn to Swim	Learn to Swim			Public Swim		
Flume 6	Flume 6	Adult & Child Learn to Swim	Learn to Swim			Flume & mats 6	POOL CLOSED	
A&C LtS*	Flume 6	Adult & Child Learn to Swim	Learn to Swim			POOL CLOSED		
A&C LtS*	Flume 6	POOL CLOSED	Learn to Swim			Public Swim		
*	Flume 6	Public Swim	Learn to Swim			Flume & mats 6	POOL CLOSED	
	F&I*	POOL CLOSED						
		Learn to Swim			POOL CLOSED			
	14	15	16	17	18	19	20	21

*PS=Public Swim, LS=Lane Swim, A&C=Adult and Child, LtS=Learn to Swim, F&I=Flume and inflatable