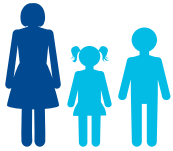


## ADMISSION GUIDANCE



Parent supervision ratio for children under eight should be:

# 1:2



This ratio could be increased (eg. by use of approved swimming aids)...

# 1:3



...or, circumstances could reduce it (eg. flumes and inflatables)

# 1:1

**AQUA FUN:** Flume + mats + inflatable

**AQUA FUN FLUME:** Flume + mats

**FAMILY SWIM:** General swimming + flume aimed at families

**FITNESS SWIM:** A public lane session where users are permitted to train using swimming aids such as fins, flippers, kick boards and pool buoys.

**Please note:** For safety reasons users of the pool inflatable must be a competent swimmer and lifeguards have the discretion to restrict use. Children under the age of 8 must be accompanied by a responsible adult aged 16 years or above in the pool. To attend Aqua Fit and Aqua Jog sessions you must be at least 15 years of age or above.

Please queue and collect coloured bands for all Aqua Fun sessions at reception. Entry may be restricted due to pool maximum bather load.




We reserve the right to change the pool timetable without prior notice.

t: **01246 242 365**  
w: **goactive.org.uk**

e: **enquiries@goactive.org.uk**  
**memberships@goactive.org.uk**

### Opening times:

Mon – Fri: **6am – 9pm**  
Sat and Sun: **8am – 6pm**

 GoActiveTheArc  
 @GoActiveTheArc  
 @goactivethearc

### We Speak Your Language

#### Polish

Mówimy Twoim językiem

#### Slovak

Rozprávame Vaším jazykom

#### Chinese

我们会说你的语言

If you require this in large print or another format please call us on  
**01246 242424**

# Go! Swim

## Summer Holiday Pool Timetables

Monday 23 July - Sunday 2 September



**Go! Active**  
@The Arc

High Street, Clowne S43 4JY  
[www.goactive.org.uk](http://www.goactive.org.uk)

**Bolsover**  
District Council





# Summer Holiday Pool Timetables

Number of lanes allocated for each session: 1 2 3  
4 5 6

For the latest timetables and information please visit: [www.goactive.org.uk](http://www.goactive.org.uk)

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
MON		Public Swim ③			Staff Training ⑥	Aqua Fun Flume ⑥	Adult LtS* ③	P.S. ③		Aqua Fun ⑥	Aqua Fun ⑥	Public Swim ③					
		Lane Swim ③					Private Hire ③	L.S. ③				Lane Swim ③	Learn to Swim ③		Lane Swim ③		
TUE		Public Swim ③				Aqua Fit ⑥	Aqua Fun Flume ⑥	Aqua Jog ⑥	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥		Public Swim ③		Aqua Fun Flume ⑥	Aqua Fit ⑥	Public Swim ③	
		Lane Swim ③										Lane Swim ③	Learn to Swim ③			Lane Swim ③	
WED		Adult Swim ③					Aqua Fun Flume ⑥	P.S. ③	Aqua Fun ⑥	Aqua Fun ⑥		Public Swim ③			Aqua Jog ⑥	Public Swim ③	
		Adult Lane Swim ③						L.S. ③				Lane Swim ③	Learn to Swim ③				Fitness Swim ③
THU		Public Swim ③			Aqua Fit ⑥	P.S. ③	Aqua Fun Flume ⑥	P.S. ③	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥	Aqua Fit ⑥	Learn to Swim ③		LtS ②	Lane Swim ②		
		Lane Swim ③				L.S. ③		L.S. ③				Public Swim ③		Chesterfield Swimming Club ②			
FRI		Public Swim ③					Aqua Fun Flume ⑥	P.S. ③	Aqua Fun Flume ⑥	Aqua Fun Flume ⑥		Public Swim ③		Aqua Fun Flume ⑥	Aqua Jog ⑥	Aqua Fit ⑥	
		Lane Swim ③						L.S. ③				Lane Swim ③	Learn to Swim ③				
SAT			Learn to Swim ③						Aqua Fun ⑥	Aqua Fun ⑥	Party Hire ⑥	Party Hire ⑥	Party Hire ⑥				
			Lane Swim ③	Public Swim ③													
SUN			Public Swim ③	Family Swim and Flume Session ⑥								Public Swim ⑥		Private Hire ⑥			
			Lane Swim ③									Learn to Swim ③					

**!** Please note that **we will be closing at 3pm on Monday 27 August 2018** so a revised pool timetable for that day will be available from our website [www.goactive.org.uk](http://www.goactive.org.uk) nearer the date.

## Small Pool Timetable

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
MON		POOL CLOSED			Staff Training	Aqua FF	Adult & Child LtS*		Aqua Fun	Aqua Fun	Adult & Child Learn to Swim	Learn to Swim		Public Swim			
TUE		POOL CLOSED			Adult & Child Learn to Swim	POOL CLOSED	Aqua FF	POOL CLOSED	Aqua FF	Aqua FF	Adult & Child Learn to Swim	Learn to Swim		Aqua Fun Flume Session	POOL CLOSED		
WED		POOL CLOSED			Public Swim		Aqua FF	Public Swim	A&C LtS*	Aqua Fun	Adult & Child Learn to Swim	Learn to Swim		POOL CLOSED			
THU		POOL CLOSED				Public Swim	Aqua FF	Public Swim	A&C LtS*	Aqua FF	POOL CLOSED	Learn to Swim		Public Swim			
FRI		POOL CLOSED			Crash Course Swimming Lesson			Adult & Child LtS*		Aqua FF	Public Swim	Learn to Swim		Aqua Fun Flume Session	POOL CLOSED		
SAT		POOL CLOSED			Learn to Swim				Aqua Fun	Aqua Fun	POOL CLOSED						
SUN		POOL CLOSED			Family Swim and Flume Session							Learn to Swim		POOL CLOSED			

July 2018

We reserve the right to change the pool timetable without prior notice.

\*P.S.=Public Swim, A&C=Adult and Child, LtS=Learn to Swim